

## 2024 HERITAGE ESSAY COMPETITION RESOURCES

Theme: “**Out of Many, One People**”

Essay Prompt: **Discuss how our different cultural, ethnic, or religious groups have contributed to building a stronger Jamaica.**

### General Information- Jamaica’s History

- <https://www.jamaicaglobalonline.com/pre-history-the-tainos-of-jamaica/>
- <https://www.britannica.com/place/Jamaica/British-rule>
- <https://jis.gov.jm/information/jamaican-history/>
- [https://www.embassyofjamaica.org/about\\_jamaica/history.htm](https://www.embassyofjamaica.org/about_jamaica/history.htm)
- <http://jnht.com/history.php>

### Ethnic Groups of Jamaica

- [http://www.jnht.com/disndat\\_people.php](http://www.jnht.com/disndat_people.php)
- <https://www.britannica.com/place/Jamaica/People>

### Maroons

- <https://www.discoveringbristol.org.uk/slavery/against-slavery/black-resistance-against-slavery/the-maroons-of-jamaica/>
- <https://www.nlj.gov.jm/history-notes/The%20Maroons%20edited%20final.htm>
- <https://jis.gov.jm/accompong-maroons-hailed-for-retaining-african-traditions/>

### Tainos and Indigenous Groups

- <https://www.jamaicaobserver.com/2023/11/05/taino-jitters/>
- <https://museums-ioj.org.jm/black-coffee/>

### Spanish

- [http://www.jnht.com/history\\_columbian\\_spanish.php](http://www.jnht.com/history_columbian_spanish.php)

### Jews

- <https://www.worldjewishcongress.org/en/about/communities/JM>

## Chinese

- <https://jis.gov.jm/grounation-focuses-on-contribution-of-chinese-jamaicans-to-reggae/>
- <https://jis.gov.jm/prime-minister-receives-chinese-garden-gift-from-china-for-the-people-of-jamaica/>
- <https://jis.gov.jm/falmouth-mayor-hails-contribution-of-chinese-community/>
- <https://jis.gov.jm/jamaicans-benefit-from-training-programmes-offered-by-china/>
- [http://jm.china-embassy.gov.cn/eng/dsxx/dsjh\\_131994/202209/t20220902\\_10761595.htm#:~:text=Today%2C%20Chinese%20Jamaicans%20have%20become,country%20in%20their%20own%20ways.](http://jm.china-embassy.gov.cn/eng/dsxx/dsjh_131994/202209/t20220902_10761595.htm#:~:text=Today%2C%20Chinese%20Jamaicans%20have%20become,country%20in%20their%20own%20ways.)
- <https://museums-ioj.org.jm/north-pole/>
- <https://www.nlj.gov.jm/history-notes/history-notes.htm>

## Other Groups: Irish, Scottish, Germans, Lebanese

- [https://jis.gov.jm/radio\\_programs/jamaica-germany-relations/](https://jis.gov.jm/radio_programs/jamaica-germany-relations/)
- <https://jis.gov.jm/jamaica-get-german-help-develop-park/>
- <https://jis.gov.jm/germany-donates-equipment-to-fight-covid-19/>
- <https://old.jamaica-gleaner.com/pages/history/story0058.htm>
- [http://www.jnht.com/site\\_seaford\\_town.php](http://www.jnht.com/site_seaford_town.php)
- <https://nlj.gov.jm/place-names-in-jamaica/>
- <https://museums-ioj.org.jm/fruit-boom/>
- <https://museums-ioj.org.jm/lost-paradise/#:~:text=Syrians%20and%20Lebanese%20immigrants%20to,better%20life%20for%20their%20families.>
- <https://old.jamaica-gleaner.com/pages/history/story0056.htm>

## Jamaica's Culture In Food, Music and Dance

- <https://nlj.gov.jm/history-notes-jamaica/>
- <https://jis.gov.jm/jamaica/jamaican-food-explore-our-cuisine-rich-culinary-traditions/>
- <https://jis.gov.jm/jamaica/jamaican-culture-learn-about-language-music-dance-cuisine/>
- <https://jis.gov.jm/jamaica/black-history-in-roots-reggae-music/>
- <https://jis.gov.jm/jamaica/jamaican-food-jamaican-cuisine-to-try-visit-jamaica/>
- <https://jis.gov.jm/information/jamaicas-heritage-dance-music/>
- <https://jis.gov.jm/information/jamaicas-heritage-dance-music/jamaicas-heritage-dance/>
- [https://jis.gov.jm/radio\\_programs/traditional-art-form-gerreh/](https://jis.gov.jm/radio_programs/traditional-art-form-gerreh/)

## Jamaica's Religion

- <https://www.jamaicaglobalonline.com/jamaican-religion/>
- <https://www.bbc.co.uk/religion/religions/rastafari/history/history.shtml>
- <https://jis.gov.jm/myths-on-revivalism-dispelled/>
- <https://www.jamaicaobserver.com/2018/01/20/the-rise-of-revivalism-in-jamaica/>
- [https://nlj.gov.jm/wp-content/uploads/2017/04/bn\\_reynolds\\_m\\_011.pdf](https://nlj.gov.jm/wp-content/uploads/2017/04/bn_reynolds_m_011.pdf)
- <https://www.catholicsandcultures.org/jamaica/introduction>
- <https://www.oikoumene.org/countries/jamaica>